

## CARER SUPPORT AND DEMENTIA ADVICE SERVICE FOR HAMPSHIRE

For more than 40 years, we have supported local people with, or at risk of, mental ill-health. Last year more than 5,000 people used our services.

Our Carer Support and Dementia Advice Service provides advice, information and support to all carers aged 18 and above who provide care for an adult. The service also supports people with dementia and memory problems and, is available throughout Hampshire. If you need support, we welcome self-referrals as well as referrals from Hampshire County Council health and social care professionals.

Contact us on 01264 332297 or email enquiries@andovermind.org.uk



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NHS